

# Junior Club Packet



**USA** Volleyball



2018-2019

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## **1. JUNIOR VOLLEYBALL**

USAV Junior Volleyball is a program for girls and boys 19 years of age and younger. USA Volleyball provides competition for players of all levels in which clubs and teams can participate if they are properly registered and follow guidelines concerning minimal training and background screens. The USAV Junior Indoor Volleyball competition runs from November through the first week of July.

## **2. CHANGES FOR THIS SEASON AND IMPORTANT REMINDERS**

### **The 2018-2019 HOA Junior volleyball season will soon begin.**

The individual registration process will be the same as last year. In early September, individuals can start the registration process in Webpoint. Clubs can start setting up their clubs in the HOA-online system (HOA-online) after the club director has completed his/her individual registration, has completed the online club director clinic (new or returning) and is approved.

Players will be able to start selecting their club on September 10 and club directors will be able to put them on team rosters in HOA-online. Once you add a player to a team roster, they are committed to your club.

Make sure not to put players on rosters that you do not know or do not intend to accept into your club. Once teams are set up, they will start showing up on the HOA public website with (incomplete) rosters.

We are making some major changes to our fee structure. IMPACT (was \$25 through the region, \$40 through USA Volleyball and background screens (was \$10 through the region, actual cost is \$18) will be free of charge this year. We are also dropping the \$2 credit card fee. The large majority of registrations is now paid by credit card, online. The individual membership fee for full memberships will go up to \$55 (most people paid \$52 in the last couple years, \$50 for the membership and \$2 for the credit card convenience fee). Parent members and boys will pay \$30 for their membership and Youth and Summer memberships will stay at \$15. Age 8 and younger memberships are free of charge.

This change will further simplify the registration process and will help to lower the cost for new coaches.

All Adults affiliated with Junior programming will have to complete the SafeSport training. That includes all parent members. No credentials will be issued without current SafeSport training. The training is good for 2 years and a lot of people will have to renew their training this year.

All clubs are required to have a Social Media and a Travel Policy. Standard policies can be found on the HOA website on the Resources page. If you do not develop your own policy, the standard policy will become the default policy for your club. Make sure you are familiar with the content of these policies and share them with your coaches and parents.

The entry into tournaments will be opening up on Tuesday, November 14 at 10 AM. While your team may be approved earlier, no teams will be able to enter tournaments in HOA-

online prior. You can either pay for the tournaments by credit card online, or by mailing the entry form with a check for the fees.

You will be able to have your picture printed on the coaches' credentials by uploading it into the HOA Online system. If you don't have your picture on the credentials, you will need to be able to show a picture ID at all times. We will start producing and mailing the credentials in November. Every coach needs to have completed his/her online officiating clinics, be IMPACT or CAP and SafeSport certified and be registered with an approved background screen in order to receive his/her HOA credentials.

Almost all online clinics have now an option to test out of it.

Players who completed their clinics last season will get credit for it this season and are not required to complete online clinics. All other players will have to take the officiating clinics this year, but if they already know the material and can answer the questions correctly, it will not take much time.

(New) coaches who did not take any clinics last season, will also have to complete the officiating clinics this year. Returning coaches will have to complete a short refresher. Clubs will have the option to require all players and/or coaches to take the full clinics.

Make sure that your coaches and parents are aware that video footage of play can **NOT** be used to have calls by officiating teams overturned. If we start allowing the use of random recordings to make decisions, we are opening the door for major complications. There is no formal video review system in USA Volleyball.

For age groups 15 and over, a rostered coach (head or assistant) has to be either the R1 or the R2. For the age groups 14 and younger, a rostered coach has to be the R1.

As the boy's participation in the HOA region is growing, we have made a few tweaks to the rules for boys playing in girl's tournaments or on girl's teams:

Boys up to 12 and under can play on girl's teams in Select and Combined tournaments in their own age divisions (a 12 and under boy can play on a 12 and under girls Select level team). Boys teams 12 and younger can play in Select and Combined girl's tournaments in their own age group.

Boys 13 and 14 and under can play on a girl's team, but have to play up one age division. So a 14 and under age boy, can play on a 15 Select girls team. Boys teams 13 and 14 and under, are eligible to play in girls Select tournaments, but have to play up one age division. Boys teams 15 and over or individual boys player that no longer qualify for the 14 and under age group cannot participate in girls competition.

For the 2019/20 season, the player commitment date will be July 15, 2019.

No player/parent can sign an agreement with a club or pay a deposit for the 2019/20 indoor junior season, before that date.

The recruitment of players during tournaments is prohibited. Make sure your coaches are aware that they cannot talk to players and parents about the upcoming season, during tournaments. This includes handing out contact information or asking for contact information from players/parents.

We have extended the deal with the Art of Coaching Volleyball. Everybody who claimed the

HOA sponsored subscription last year, will have to renew the subscription for this season. Your subscription will expire on August 31. To renew your subscription, you need to meet all HOA requirements for the 2018/19 season. Once you have done so, you will be able to get a new redemption code to activate your subscription to the Art of Coaching. You will have to logon to the HOA Online system to redeem your code and activate the subscription.

### **3. HOW TO ESTABLISH A USAV JUNIOR TEAM**

- A. First, register your club and all associated individuals, so that you are covered by USAV insurance. Restrictions to the club membership may apply if the club is not in compliance with Heart of America Region and USA Volleyball Rules.
- B. Decide on what type of program you will have.
  - a. What age groups will you have?
    - i. Youth, Boys, Girls, a combination of sexes, 18, 17, 16, 15, 14, 13, 12, 11 & 10 and under age groups are possible.
    - ii. What will be your club's focus, your goals and objectives?
      - 1. Recreational, everyone plays.
      - 2. Elite, accept only the best.
      - 3. A combination.
- C. Register all coaches you will be using in the program **before** the start of sanctioned tryouts or Open Gyms. Registration can start on September 1. All coaches must be at least 18 years of age. Younger players can help out with a youth team, but cannot be in a position of authority and must be always supervised by an adult head or assistant coach. For a student helper to be on the bench, the club needs to contact the HOA office to obtain special credentials.  
Every team must have an approved coach at every practice and every tournament. **All coaches must be registered USAV members (registration cannot be completed until a background check is applied and the individual is approved).**
- D. Decide how the program will be financed.
  - a. Regular monthly dues.
  - b. Fundraisers.
  - c. Solicitation of local merchants in your community to donate to the program.
  - d. Solicit a company to sponsor a team or your whole club.
  - e. A combination of the above methods.
  - f. File as a nonprofit organization. The main benefits of this are: you may become tax exempt and under certain circumstances, donors' contributions are tax deductible. There are many categories of exemption, but only one, 501 (c) (3) may get you a tax-deductible status as well.
- E. Find a place to practice and, if needed, a place to hold your tryouts. Obtain volleyballs for tryouts and practices. Keep in mind that 12 and under competition will be conducted using a ball with the same circumference and inside pressure as other competition, but with a weight of 7 to 8 ounces (Molten VBU-12).

- F. Contact potential players: take flyers to school, newspaper notices, etc.
- G. Conduct a meeting with potential players and at least one parent or guardian of each player (this can be done either before or after tryouts.)
  - a. Introduce your coaching staff and their qualifications.
  - b. Explain how the program will operate.
  - c. Discuss the methods of financing the program.
  - d. Decide on how the team will get equipment and uniforms.
    - i. Purchased by the club and rented to the players.
    - ii. Purchased by the club and owned by the players.
    - iii. Each player to purchase their own.
  - e. You **MUST** tell both the players and their parents or guardians that players can be hurt and hurt seriously playing volleyball (**THIS MUST BE DONE FOR LIABILITY INSURANCE PROTECTION**).
  - f. Tell both players and their parents or guardians that they will sign a release and waiver before they join USAV (as part of the online registration process).
- H. Select team or teams
- I. Register all your teams and determine if you want to register them as Premier or Select level. Up to March 1, teams can put in a request to change their level. HOA will grant a change of level if the results for the team warrant so. HOA can require a team to change levels any time during the season. Premier level teams can only compete in Premier level tournaments in their age division or in Select level tournaments 2 age divisions higher (if the tournament director will accept them). Select level teams can only compete in Premier level tournaments if at least 2 out of 3 teams in the tournament are Premier level teams for that age division. Teams with age waivers are not allowed to play in Premier level tournaments unless they play up an age group. All teams can compete in Combined level tournaments, as long as they meet the age qualification. **Select level teams will not be allowed to play in the HOA Premier Regional Championships**
- J. Keep in mind that when you are putting players on team rosters, players cannot play “down” from the team they are registered with. For example, players from a 13’s team cannot fill in to play on a 12’s team, even if the player meets the age requirements. A player who is on the roster of a Premier team cannot play on a Select team in the same age division. Minimum penalty will be forfeit of all matches for the team that borrowed the illegal player.
- K. Get commitments from parents as to what their assistance to the program will be. Make sure to register parents that fill any official position in the club (see “parent membership”)
- L. Begin practice (see definition of sanctioned activities).
- M. Order uniforms.

- a. Uniform Restrictions – a player’s uniform consists of jersey and shorts. (USA Rulebook Commentary 4.3)
  - i. The color and design of the jerseys, shorts and socks must be uniform for the team. Jerseys must be marked with numbers not less than 4” on the chest and not less than 6” on the back. **It is recommended that jersey numbers are 6” for the chest and 8” on the back. Numbers must be centered on front and back of the uniform.** NOTE: You may only use the numbers 1 – 99. **Zero and double zero are illegal numbers.**
  - ii. If undergarments, including but not limited to t-shirts, boxers, tights, leotards, body suits, bicycle shorts, sports bras, etc., are worn in such a manner that they are exposed, they will be considered a part of the uniform. In that case, they must be similar and the same color for any team members who wear such a uniform (appeals may be made to the Region for medical or religious exceptions).
  - iii. It is forbidden for junior age players to wear any jewelry.
  - iv. Shoes, socks and kneepads are not considered to be part of the uniform.
  - v. Hair barrettes are not considered jewelry and may be worn if they are not considered dangerous.
  - vi. The **Libero player’s jersey must contrast in color with that of the predominant colors of the jerseys of the other team members.** Color combinations such as purple/black, dark green/black, navy/maroon, and white/light yellow are not distinctive enough to comply with the rules.
  - vii. It is recommended that every coach carries an extra uniform to tournaments to avoid problems.
  
- N. Enter tournaments as early as possible because they fill up fast. The later you enter, the less your chance are to be accepted. Remember however, your club/ team must be registered with, and approved by the HOA office, before you start entering tournaments. Tournament registration opens up on November 14 at 10 AM. Some national level events (National Qualifiers, KC MLK event, Presidents day tournament Omaha etc.) may open registration earlier than November 14.
  
- O. Teams will be playing in Premier, Select and Combined tournaments. These divisions will allow teams to play more competitively. Combined tournaments (open to all level teams in an age division) are not allowed in the Kansas City Metro and immediate surrounding areas (see tournament director manual for specifics).

#### **4. AGE DEFINITIONS FOR 2018-2019**

- 10 & Under:** Players who were born on or after **September 1, 2008.**
- 11 & Under:** Players who were born on or after **September 1, 2007.**
- 12 & Under:** Players who were born on or after **September 1, 2006.**
- 13 & Under:** Players who were born on or after **September 1, 2005.**
- 14 & Under:** Players who were born on or after **September 1, 2004.**
- 15 & Under:** Players who were born on or after **September 1, 2003.**
- 16 & Under:** Players who were born on or after **September 1, 2002.**
- 17 & Under:** Players who were born on or after **September 1, 2001.**

**18 & Under:** Players who were born on or after **September 1, 2000**, or were high school students in the **twelfth (12<sup>th</sup>) grade** or below during the current academic year **and** are 19 years of age or younger (born on or after **September 1, 1999**).

### **Special Age Definitions for BOYS:**

**14 & Under:** Players who were born on or after **September 1, 2004**, or students who are 15 years of age or younger (born on or after September 1, 2003) who shall neither have completed nor are in a grade higher than the **eighth (8<sup>th</sup>) grade** during the current academic year.

**\*\*Age requirements for developmental players who play on Select teams may be waived to play with other players in their own grade.** For example: a player born on August 10, 2004 who is still in the 8<sup>th</sup> grade, can compete on a 14 and under Select level team, but not on a 14 and under Premier level team.

Make sure to check the grade players are in before you waive their age requirement. Select level teams with age-waived players cannot compete in Premier level tournaments.

With restrictions, Boys teams up to 14 and under can compete in girl's tournaments in Combined and Select level events, since there are not enough boy's teams in the HOA region to provide a separated competition. Male players up to 14 and under can play on Female teams in regional competition only (Combined and Select level events).

- Boys up to 12 and under can play on girl's teams in Select and Combined tournaments in their own age divisions (a 12 and under boy can play on a 12 and under girls Select level team). Boys teams 12 and younger can play in Select and Combined girl's tournaments in their own age group.
- **Boys 13 and 14** and under can play on a girl's team, but **have to play up one age division**. A 14 and under age boy, can play on a 15 Select girl's team. Boy's teams 13 and 14 and under are eligible to play in girl's Select tournaments, but **have to play up one age division**.
- Boys teams 15 and over, or individual male player that no longer qualify for the 14 and under age group cannot participate in girl's competition.

### **5. HOA SANCTIONED EVENTS**

HOA & USA Volleyball provide a structure for Junior Volleyball Competition. There are two separate seasons for competition, an indoor season and an outdoor season.

Events that are sanctioned by HOA have to meet standard requirements, like IMPACT certified and background screened coaches. Tournament directors have to follow certain procedures that help to ensure quality events.

Clubs are either an indoor or an outdoor club. An outdoor club can be run by the same administration as an indoor club. The same name can be used for the outdoor club as for the indoor club with the distinction "beach", "outdoor" or "sand". For administrative purposes the clubs will be considered separate clubs.

Players are not bound to an indoor club if they want to play for an outdoor club and may play with any outdoor club during the sanctioned season. The exception is that players that are on

the roster of a team that is going to the indoor junior National Championships, need a release from the indoor club in order to participate with an outdoor club.

**USA Volleyball provides liability and medical insurance for all sanctioned events**

Unless specific sanctioning is obtained, in writing, from the HOA office, no other events are covered by USAV insurances. The certificate of insurance can only be used as proof of insurance for sanctioned events.

For details on the insurance program, check the HOA website

**Indoor Season**

The indoor season runs from November 1 until July 10

During this time frame, the following activities are sanctioned by HOA:

1. Scheduled practices by an HOA approved club. Participants are all members of that club and registered with HOA. At all times during a practice there is an Impact certified, registered and background screened adult coach present. All participating adults have to be registered and background screened. A practice is defined a to have at least 3 players and a coach, registered with the same club, to be present.
2. Scrimmages between 2 fully registered and approved HOA teams during the indoor season as defined above. An IMPACT certified and HOA registered and background screened adult coach has to be present at all times during the scrimmage.  
For a scrimmage to be sanctioned by HOA as part of a club training program:
  - No more than up to 4 teams can participate
  - The maximum dollar amount a team can be charged to participate in a sanctioned scrimmage is the facility/court rental fee for the scrimmage, divided by the number of teams participating
  - Total time for all scrimmages can not be more than 5 hours
3. All tournaments that are posted on the HOA tournament calendar.
4. Tryouts posted on the HOA website that are held in the period of July 8 through July 15 or October 29 till December 31
5. Open gyms posted on the HOA website
6. All other events that are explicitly sanctioned, in writing, by the HOA office. Typically all sanctioned events are posted on the HOA website.

**Outdoor Season**

The Outdoor Season runs from May 1 till August 31

During this time frame, the following activities are sanctioned by HOA:

1. Scheduled practices by an HOA approved club. Participants are all members of the club and registered with HOA. At all times of a practice there is an Impact certified, registered and background screened adult coach present. All participating adults have to be registered and background screened.
2. All tournaments and leagues that are posted on the HOA tournament calendar.
3. All other events that are explicitly sanctioned, in writing, by the HOA office. Typically all sanctioned events are posted on the HOA website.

## Other Club Related Events

Any other events, clinics, camps, tryouts, open gyms, private lessons etc. that are organized by HOA affiliated clubs, groups or individuals are outside the scope and regulations of Heart of America Volleyball. These events are not sanctioned, regulated nor covered by insurance by Heart of America Volleyball or USA Volleyball.

HOA has no responsibility for any player violating inter-scholastic or collegiate regulations.

### **6. SANCTIONED OPEN GYMS:**

Open gyms for volleyball are sanctioned by HOA year round. For HOA to sanction Open Gyms, certain requirements need to be met:

All coaches and club Directors need to be registered and have a current background screen to participating in sanctioned open gyms or tryouts.

#### **Open Gym Policies:**

1. Only registered HOA members are allowed to participate in sanctioned Open Gyms. All participants will need proof of their membership by bringing their individual membership card to the open gym. Clubs will need to check the membership cards.
2. Coaches shall be facilitators only. There shall be no individual or group instruction. Coaches may set up drills or controlled scrimmage situations.
3. Players attending sanctioned Open Gym shall be afforded similar playing time.
4. Players are not to be divided into skill levels, only into general age groups.
5. Parents should be allowed to watch, unless space prevents.
6. The maximum fee charged to players is \$10.00.
7. The maximum length of a sanctioned open gym is 2 hours.

### **7. SANCTIONED TRYOUTS**

1. **Notification to HOA:** Clubs need to notify HOA in writing the intend to have sanctioned tryouts. No tryouts will be sanctioned and posted unless the club rep is a registered HOA member (all forms, fees need to be submitted and background screen completed).
2. **Clubs must post and announce** at the beginning of all sanctioned tryouts (i.e., the day of tryouts) the number of playing spots open for tryouts for each age division. Do not have sanctioned tryouts if you have no openings on a team.
3. **Length of Tryouts:** Sanctioned tryouts are limited to a maximum of 3 hours.
4. **Club Information Needed for Tryouts:** Regardless of whether your club has one team or several teams, as much information as possible should be provided about your club to all prospective players. This should include a statement of the club mission, philosophy and any pertinent policies. Clubs are asked to include notification of applicable club fees within an approximate (+/-) \$150 to all prospective players as part of their tryout schedule.

5. **Tryout Fees:** Clubs may not charge more than \$15.00 per participant for sanctioned tryouts.

6. **Tryout Dates:**

Sanctioned tryout dates for 2018/19:

Sunday, October 27, 2018 till February 2019

Sanctioned summer tryout dates for 2019/20:

Tuesday, July 9 till Monday, July 15, 2019

Sunday, November 3 till February 2020

Clubs can choose to have their tryouts earlier than those dates, but HOA does not sanction (provide insurance coverage and publish) any tryouts that are held before the dates above.

## **8. COMMITMENT AND TRANSFERS**

Players will select a club in the Webpoint online registration system. Once the player has selected a club, the club will be able to put the player on a team. Once the club puts the player on a team, HOA will assume that there is an agreement between the club and the player/parent. From that point on, for a junior player to move to a different club, a formal transfer procedure will be required, including a release from the club the player is now registered with.

Make sure your all your coaches are aware that recruitment of players during tournaments is prohibited. This includes handing out contact information or asking for contact information from players/parents.

**Player Transfer:** In some circumstances it may be in everybody's interest for a player to transfer from one club to another. To make a formal transfer, the following is required:

- A release from the club director of the club the player is leaving
- An acceptance from the club director of the club the player is moving to
- A note from the parents of the player, agreeing to the transfer
- A ten (\$10) dollar transfer fee

Once all notes and fees have been received by the HOA office, the transfer will be considered. All notes can be submitted by email to: [registrar@hoavb.org](mailto:registrar@hoavb.org).

Without a completed transfer, a player cannot be involved on any level with another club (compete nor practice) than they registered with.

### **Restrictions and clarifications regarding the transfer process**

Once a female junior player has participated in a GJNC qualifying event (Regional or National), she may not be on the Official Roster of, or participate in, another GJNC qualifying or championship event with a different club. (Regional GJNC qualifying events are the Powerleague and Premier Region Championships)

No transfers will be permitted within four (4) weeks of the Premier Regional Championships. If a team has disbanded for the season, players from that team may be picked up for HOA

Select competition or for out of region non-Jr. National Championship events. This will still require a formal transfer, including a release.

## **9. 2019/20 COMMITMENT POLICY**

No individual player and/or parent/guardian on behalf of a player is permitted to sign an agreement, to compete with a club during any HOA sanctioned competition in the 2019/20 indoor volleyball season, prior to **July 15, 2019**

Prior to **July 15, 2019**, individual players and/or parent/guardians of individual players are also expressly prohibited from paying any dues and/or deposits for the 2019/20 volleyball season.

This includes payments for leagues, camps, clinics etc, that are in any form linked to a commitment to the club for the 2019/20 season. Verbally committing to a club and then paying for mandated workouts is a violation of this policy.

If this policy is violated, the player will be prohibited from competing for the club with which he/she signed an agreement or made a deposit during all 2019/20 HOA sanctioned indoor competitions.

A 2<sup>nd</sup> infraction of the policy will prohibit the player from competing with any club for the season.

## **10. OFFICIATING**

The Heart of America Region firmly believes that junior players should learn and experience what it takes to be a good official. The officiating is an integral part of the game. We believe that teaching junior players how to officiate the game will increase their understanding of the game and increase their respect for other officials.

Most clinics now have the option to test out of it. If you know the materials, the clinics will not take much time to complete. For the 2018/19 season, all players will have to complete the online officiating clinics. Coaches who completed everything last year, will not be required to take the clinics this year. All clinics are online and accessible through the Webpoint registration system.

In the age groups 10 thru 14, the Head or Assistant Coach will have to be the Up official for his/her team.

In the age groups 15 thru 18, the Head Coach or Assistant Coach will have to be the Up or Down Official (R1 or R2) for his/her team.

This applies to all matches in which a team is assigned officiating duties and no paid official is provided.

All clubs will have to have a person assigned as the Club Officials Trainer. By default this is the club director. Clubs who want to delegate this task to another registered adult in the club, can do so. This person needs to take the online Club Clinician clinic which explains what follow up steps need to be taken to train coaches and players. Clubs have to submit rating forms to the HOA office and have at least a rated R1, R2 and 2 scorers on each roster.

HOA sends out officials to tournaments, to help with the training of the juniors (the WeR1 cadre). We expect clubs, teams and coaches to accept the directions from these officials. The ultimate goal is to increase the overall level of officiating in the region.

## **11. HOW TO REGISTER A USAV TEAM**

The club director will need to start with his or her individual registration in Webpoint. Once that is completed, the club director needs to set up a logon in HOAonline and set up the club and designate the club contact for background screen person. Restrictions to the granting of the individual and club membership may apply if a club is in non-compliance with HOA or USA Volleyball rules. The club will not be approved for competition until the club director has completed the online Club Director training program (either for New or for Returning Club Director).

All individuals in the club need to register on Webpoint and pay the registration fee either online or by submitting a check. Club directors cannot register their players.

Registration fees are \$55 for a regular individual and \$15 for a 10 and under member who is not participating in a nationally sanctioned event. The 8 and under regional competition membership is free of charge. Parent members pay a \$30 membership fee and also need to be background screened. To increase boys participation, the full membership for boys is \$30. All adults need to pass a background screen every other season. There is no charge for the background screen. Make sure all adults have passed a background screen and are registered before they participate in any sanctioned club events (practice, open gym, tryout etc.).

No paperwork needs to be sent to the HOA office for individual registrations. Please **do NOT send us the Player Medical History and Release Form**. You will need to keep this form on file and give a copy to your coaches to have at hand at practices and tournaments.

Parent-members will also have to complete a background screen. Members under this program will **NOT** show up on the roster and will **NOT** be allowed to be on the bench during tournaments. This membership is provided to get parents, who help out with a team (shagging balls at practice or during warming-up, help with scorekeeping or line-judging) under our liability and medical insurances. Parents fulfilling those jobs without a membership are a liability risk to the club.

Starting September 10, junior players will be able to select in Webpoint the club they intend to play for. Once they have done so, the club director will be able to add the players that have selected the club to a team. Once that is done, the member is considered part of that club and cannot change clubs without a formal transfer procedure. The club cannot be selected until the club is set up and approved in HOA Online.

## **12. MULTIPLE TEAMS WITHIN A CLUB**

Many clubs have more than one team. The advantage of that is that teams can use players from other teams **within the club** to fill their rosters if needed. There are some restrictions:

1. Teams can borrow players from (a) same level, or (b) lower level, or (c) younger teams

to complete their roster (for example: a 14 Premier team can either borrow players from another 14 Premier team, from a 14 Select team or from any 13's, 12's, 11' s team from within the club).

2. Select level teams cannot borrow players from Premier level teams in the same age divisions.
3. Players who are on the roster of an older team, but still meet the age requirements for a younger team, can NOT play for a younger team (for example; a 13 year old player who is registered with a 15 year old team, cannot play with a 13's or 14's team within that club.
4. No Player can play for 2 teams on the same day or in the same tournament. No player can play in 2 different age divisions in any of the Powerleague Qualifiers. No player can play in 2 different age divisions in any of the Powerleagues. No player can play in 2 different age divisions of the Premier Regional Championships.

Violation of these rules will result in forfeiture of all matches in a tournament in which an illegal player was put on the roster/played. Other sanctions may apply also.

**No players can be borrowed from other clubs!**

For National qualifying events there can be some restrictions to borrowing players from within a club when a team has qualified and a roster is frozen. Make sure to double check if these situations come up.

### **13. HOW TO BECOME A USAV COACH**

- A. You must be a registered member of USAV. As with all adults, the coach **must be familiar with** HOA rules and regulations are published on the HOA website ([www.hoavb.org](http://www.hoavb.org)) – **BE FAMILIAR WITH THE CONTENT OF THESE.**
- B. Every junior coach is required to submit a background screen before membership is allowed. HOA membership can be refused based on the information from this background screening. Background checks are good for two (2) years. In certain circumstances HOA can require additional background screens.
- C. All coaches on the bench must be IMPACT or CAP certified. If you are not IMPACT certified, you need to complete the class online. IMPACT training is free of charge. Once you have been IMPACT certified, you do not have to go through certification again.
- D. All coaches will have to complete online referee and scorer clinics.
- E. All coaches need to be SafeSport certified. SafeSport certification is taken online through the Webpoint system and is good for 2 years.
- F. All coaches have to be 18 years or older. Younger kids can help out with teams (Junior Assistants), but cannot be an official coach (head or assistant) for a team. Junior Assistants need to request credentials in order to be on the team bench.
- G. Coaches can be registered with multiple clubs.

## **14. COACHES CREDENTIALS**

At the HOA events with professional officials, all coaches (head and assistant) need to check in. You will be able to have your picture printed on the coaches credentials by uploading it into the HOA Online system. If you don't have your picture on the credentials, you will need to be able to show a picture ID at all times.

The site staff will check the coaches credentials against their picture ID's. If approved, the coach will receive a wrist band to put on. At the start of the timed warm-ups, the official will check the wristbands of all competing and officiating coaches. A coach without a wristband cannot be on the bench or supervise the officiating team. At the end of the timed warm-ups, if there is no approved coach available for the officiating team, they are penalized as an incomplete work team. A competing team will be penalized, for the first set, one point per minute up to 15 minutes. At 15 minutes, the first set is forfeit and the team is penalized, for the second set, one point per minute up to an additional 15 minutes. At this time the match is forfeit. If both competing teams do not have an approved coach, the penalty is applied to both teams. If at the end of the first 15-minute period both teams still do not have an approved coach, the match is forfeited by both teams. Each team will receive a two set loss with scores of 0-0.

At all other tournaments, coaches are required to wear credentials at all times when they are on the bench or when their team is officiating. WeR1 cadre and tournament directors can, at any time during a tournament, ask a coach to show a picture ID and USAV card if needed.

More and more junior players are helping out with younger age teams. No junior can be an official coach, but these Junior Assistants are allowed to be on the team bench during tournaments. If you have any students in this role, you will need to contact the HOA office to request a special credential for them. This credential will allow them to be on the bench, but makes it clear that they are minors who cannot be the coach or up-official for the younger age teams.

We will start producing and mailing the credentials in November. Every coach needs to have completed his/her online officiating clinics, be IMPACT or CAP certified, have the SafeSport Certification and be registered with an approved background screen in order to receive his/her HOA credentials.

## **15. TOURNAMENTS**

### **Tournament Registration & Withdrawal**

To Enter tournaments, teams will have to follow the online sign up process. Once you have entered your team online, print out the tournament entry form and mail it with the appropriate fee to the tournament director. For HOA run events you will be able to pay online in which case you do not need to mail in a form or payment. To do so, enter your team in the event in the HOA Online system. Then make the online payment. Do not assume you are in a tournament until you show up on the HOA Online website as being approved.

If your team is on the waitlist for a tournament and you decide to withdraw, you will need to inform the tournament director, in writing, that you do not want to be on the waitlist and want

a refund of your registration fee. If not, the tournament director will assume that you are still interested in playing in the tournament and may put you in the event when a spot opens up or the tournament is expanded.

For a team to receive a refund of the tournament entry fee, after being accepted into a tournament, the team will have to provide at least three weeks written notice to the tournament director. The written notice has to be received by the tournament director no later than noon on the Friday three weeks prior to the tournament.

If a tournament director places a team in a different division than the team signed up for, the team needs to be notified. The team will have the right to withdraw from the tournament and the tournament entry fee refunded.

If a tournament director decides to cancel a tournament, all entry fees need to be refunded and proper notice needs to be provided to the registered teams.

Some of the larger events, run by HOA, have a no-refund policy after the deadline of registration, unless there is a team on the waitlist that can take the vacated spot. Deadlines for those events are usually one month before the tournament.

### **Tournament Levels**

Premier level tournaments: A tournament director who gets the permission to run a Premier level tournament will be responsible for the level of the tournament. Premier level tournaments will have to have at least 2 out of 3 teams being Premier level teams for the appropriate age division. The tournament director will need to keep two lists of entry: One with the appropriate teams, and one with the other teams. Once 2 Premier Level teams in the appropriate age division have registered for the tournament, one Select level team or younger age division Premier level team can be accepted into the tournament. Keep in mind that if a lower level team drops out last minute, your tournament does not meet the requirements anymore.

Combined tournaments are not allowed in the following counties (with the exception of 11's division Combined tournaments):

Missouri: Buchanan, Cass, Clay, Clinton, Jackson, Johnson, Lafayette, Platte, Ray.  
Kansas: Atchison, Douglas, Franklin, Jefferson, Johnson, Leavenworth, Miami, Osage, Shawnee, Wyandotte.

We allow these tournaments in rural areas, since it is usually harder for tournament directors to fill events in these areas. Combined tournaments can accept all teams that meet the age requirement.

Invitational tournaments are allowed in circumstances where tournament directors target specific teams for high level competition. These tournaments will not be publicized on the HOA website until they have filled and a schedule can be posted.

## **Other Tournament Information**

- Teams with an age waiver or a male player, may not compete in Premier tournaments (with or without the age-waived player(s)/boy).
- In Select and Combined level tournaments teams can play with 5 players.
- In Select and Combined level tournaments for age groups 12 and younger, a step-in-line for serving will be used (6'6" from the end line).
- Premier teams may not participate in Select tournaments unless they are playing up 2 age divisions (i.e. 14 Premier team playing in a 16 Select tournament)
- Tournament directors cannot run a Premier level tournament if 2/3 of the teams are not "Premier" level teams in the appropriate age division.
- In one day in region tournament, no tie-breaking sets will be played unless all tie-breakers are exhausted and no conclusion has been reached. Teams **will be** eliminated on points from continuing to playoffs if needed.

## **16. HOA EVENTS**

### **Powerleagues**

See specifics included with this info packet.

### **Shell Price Challenge and Heart Challenge**

The "**Shell Price Challenge**" tournament will be held February 9 & 10, 2019, and is for those teams that are registered Select. This tournament is run with the same format as the "**Heart Challenge**", which will be held March 9 & 10, 2019. Both are two-day tournaments offering players a guaranteed 9 or 10 matches of play with paid up-officials. We plan to offer ages 12-18 for both events.

### **Route 66 Tournament, Springfield**

The Route 66 is a 2-day event with paid up officials. The tournament will be held on January 26 & 27, 2019. Teams are guaranteed pool play on Saturday and at least 2 matches on Sunday.

### **Keeper of the Plains Classic, Wichita**

The Keeper of the Plains is a 2-day event with paid up officials. The tournament will be held on February 16 & 17, 2019. Teams are guaranteed pool play on Saturday and at least 2 matches on Sunday.

**Kansas City Martin Luther King Day Tournament** will take place on January 19, 20 & 21, 2019 at the Kansas City Convention Center (Bartle Hall and Municipal Arena). The format will be similar as is used for national qualifiers. For the 18's divisions, this is a national qualifier.

### **The Border Series**

This is a series of 3 single day tournaments in North Central Kansas. Teams can choose to play in one or several of these tournaments. Up-officials are provided for these tournaments. Matches are played in Salina, Concordia and Hays.

### **HOA Premier Regional Championships:**

The HOA region bids for the Junior National Championships will be awarded through the Power leagues and the HOA Premier Regional Championships. Only Premier level teams can participate in this event. All teams will have to play in their own age division. The maximum number of teams accepted into each division is 40. If more registrations are received, the ranking system will be used to select the highest ranked 40 teams on the day registration closes to participate in the event. All other teams will be placed on a waitlist (based on the rankings on the day of the deadline of registration) and allowed entry into the tournament if space opens up. Teams that do not make it into the tournament will have the opportunity to participate in the Select Regional Championships.

No teams that have qualified for the USAV Junior National Championships, before the Premier Regional Championships, can compete in this event.

### **Select Junior Regional Championships:**

There is no "playing up" allowed. Player transfer rules for HOA regional championships are waived for non-Premier teams.

### **Asics Show Me National Qualifier**

The Asics Show Me National Qualifier will be run over 2 weekends again. We hope that we will be able to accommodate all teams that want to participate this year. The first weekend will be April 6, 7 and 8 for the ages 15 through 17. The second weekend will be April 12, 13 and 14 for the age groups 11-14 and 18's (non-bid division) and under. More information can be found on the qualifier website: [www.showmeng.org](http://www.showmeng.org).

Select level teams are allowed to compete in the Show Me National Qualifier, but age waivers are not allowed in any division, other than 18's non-bid division.

## **17. ENTRY TO THE USAV JUNIOR NATIONAL VOLLEYBALL CHAMPIONSHIPS**

**We need to have all teams wishing to go to Junior Nationals this coming season have all paperwork etc., complete and to HOA by April 20, 2019 (tentative).**

The National Tournament for girls is divided in Open, National, USA and American Divisions. The Open and USA divisions will consist of teams who qualify in one of the designated Qualifying Tournaments held throughout the season in various locations across the nation (National Qualifiers).

We do not know the number of teams the HOA Region will be guaranteed to participate in the Club divisions. Re-allocated berths may be available after May 1 from other regions unused berths. For the Open divisions there can be at large berths. Contact the HOA office for entry information.

All teams entering the Junior National Volleyball Championships will be totally responsible for their own entry fees and expenses. A fund has been established for those teams that qualify for Junior Nationals and will be used to help reimburse part of their entry fees.

## **18. SEXUAL HARASSMENT POLICY**

A Sexual Harassment policy has been adopted by the HOA region, which provides remedy for instances of sexual harassment. This policy is designed to cover not only players, but

also coaches and employees of the HOA Region. The policy is too long to be included here. It is available from our website ([www.hoavb.org](http://www.hoavb.org)) or office.

## **19. SOCIAL MEDIA AND TRAVEL POLICIES**

All clubs are required to have a Social Media and a Travel Policy. Standard policies can be found on the HOA website on the Resources page. If you do not develop your own policy, the standard policy will become the default policy for your club. Make sure you are familiar with the content of these policies and share them with your coaches and parents.

## **20. INTER COLLEGIATE AND HIGH SCHOOL ASSOCIATIONS**

Whether coaching a state high school junior volleyball team, or hosting a junior tournament for high school aged girls or boys, please remember that the high school associations have certain restrictions on players, coaches, awards, clinics, camps, and all-star matches. Tournament directors and coaches must take these rules into consideration when considering USAV competition. HOA does not take any responsibility for participants violating rules of high school or inter collegiate athletic associations.

## **21. RULE CHANGES FOR 2019**

There are no significant rule changes for the 2018/19 season

## **22. HOSTING A TOURNAMENT**

If your club wants to host a Junior Tournament, contact the HOA office (913) 233-0445 or [info@hoavb.org](mailto:info@hoavb.org) for the tournament director packet. This packet will include all information and forms you need to conduct a proper tournament.

## **23. RESOURCES**

We post information that can be important to run your club and forms you may need on the HOA website. Make sure to check those out. Go under "General Info" to the "Resources" tab.

**GOOD LUCK AND HAVE FUN!!!**



[www.theartofcoachingvolleyball.com](http://www.theartofcoachingvolleyball.com)